

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
AGE PROGRAM TIME 14-17 ON-ICE 6:45-8:15PM	AGE PROGRAM TIME 14-17 SKILLS 10:00-11:00AM 14-17 STRENGTH 11:00AM-12:00PM 14-17 SKILLS 12:00-1:00PM	AGE PROGRAM TIME 14-17 SKILLS 6:15-7:15PM 14-17 STRENGTH 7:15-8:15PM 14-17 SKILLS 7:15-9:15PM	AGE PROGRAM TIME 14-17 SKILLS 10:00-11:00AM 14-17 STRENGTH 11:00AM-12:00PM 14-17 SKILLS 12:00-1:00PM ON-ICE 2:00-3:30 PM	AGE PROGRAM TIME 14-17 SKILLS 6:15-7:15PM 14-17 STRENGTH 7:15-8:15PM 14-17 SKILLS 7:15-9:15PM