

BLACK AND BLUE GROUP WEEKLY SCHEDULE

<u>SUNDAY</u> On-Ice	<u>MONDAY</u> Evening Dryland	<u>TUESDAY</u> Morning Dryland	<u>WEDNESDAY</u> Evening Dryland	<u>THURSDAY</u> Morning Dryland +On-ice
BLACK ON-ICE 5:30-6:30PM BLUE ON-ICE 6:40-7:40PM	BLACK DRYLAND STRENGTH 6:00-7:00PM BLACK DRYLAND SKILLS 7:00-8:00PM BLUE DRYLAND STRENGTH 7:00-8:00PM BLUE DRYLAND SKILLS 8:00-9:00PM	BLUE DRYLAND STRENGTH 10:00-11:00AM BLUE DRYLAND SKILLS 11:00AM-12:00PM BLACK DRYLAND STRENGTH 11:00-12:00PM BLACK DRYLAND SKILLS 12:00-1:00PM	BLACK DRYLAND STRENGTH 6:00-7:00PM BLACK DRYLAND SKILLS 7:00-8:00PM BLUE DRYLAND STRENGTH 7:00-8:00PM BLUE DRYLAND SKILLS 8:00-9:00PM	BLUE DRYLAND STRENGTH 10:00-11:00AM BLUE DRYLAND SKILLS 11:00AM-12:00PM BLUE ON-ICE 12:50-1:50PM BLACK DRYLAND STRENGTH 11:00-12:00PM BLACK DRYLAND SKILLS 12:00-1:00PM BLACK ON-ICE 2:00-3:00PM